

# TRANSITION FOR ALL

## Week 3

Starting with a huge well done!

We have made it through 1 week of the Easter holidays, that in actual fact has been very similar to the 2 week leading up to them!

What have you done differently? Anything at all?

Please keep sharing your stories with me. I am really enjoying reading so many uplifting stories of families coming together and finding a way through all of this 'madness'.

While I am receiving a few stories of hope and good will, I am still keen to hear more. I am particularly interested in:

*\*Your thoughts on this newsletter*

*\*Ideas for articles in the future*

*\*Stories you might like to share (I can and will keep anonymous if you wish)*

Contact me with any questions/ideas/stories at:

[liz\\_stevenson@sandwell.gov.uk](mailto:liz_stevenson@sandwell.gov.uk)

## You are not alone

Each week I promise you a story of how families are coping.

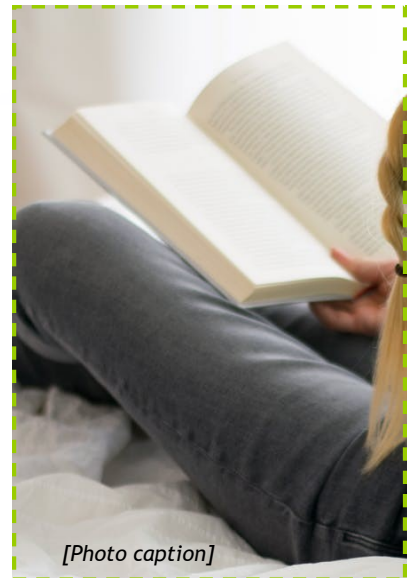
One this week for you animal lovers/pet owners.

Now our household does not have any pets but I am hearing from lots of friends and colleagues of how the animals are all starting to notice the change!

I have seen lots of images on social networking sites of dogs in hiding as they don't want another walk! With families taking it in turns to walk them!

Also—cats. Apparently very clearly a little put out that their empire has been invaded! I have had cats in the past and I can almost see the look on 'DaisyBobs' face if we had spent 4 full weeks at home!

Tell me your animal stories! We all know that children and adults are struggling but we need to remember that routine has changed for our pets too. Can we use these stories to try to help children understand how we are all struggling to find our way in this new world?.



[Photo caption]



## Websites and activities.



Below is a website with suggested activities to help keep children of all ages occupied. This is all in addition to any and all work that had been set by your child's school during the usual term time. If you know of any other resources that could be shared then please do let me know.

### Online

Our Sandwell Residential Service have been compiling all kinds of resources from their brilliant team and partners to keep children & young people (and grown ups!) learning and having creative adventures at home. They will be regularly updating this website so take a look. For those of you that don't know about our centres you should see what they have to offer, there are lots of great ideas from outdoor learning and of course lots of performing arts and storytelling sessions from the staff.

<https://www.sandwellresidential.co.uk/at-home/>

## Paper based activities

For those of you with limited access to the internet and printing facilities, you can contact **Go Play Sandwell** on 07789 921325 they will be able to help you out with extra activities and provide copies of work from their website.

*“Distance gives us a reason to love harder.”*

## Dos and Don'ts

Do - Continue with your routine as much as possible.

Don't - Worry about needing to change that routine if needs be. This is a learning curve for us all.

Do - Ask for help if you need it. There are lots of local community groups available to support people who need it and if you are able to log onto [mysandwell.co.uk](http://mysandwell.co.uk) for more support.

Don't - Feel that by asking for help once means you have failed or will need that support for a long period of time.

